



Making the Best Out of the Pediatric MRI Experience

# Helpful Hints



**VISITOR POLICY:** Find out which/how many family members can accompany your child & where can you wait during the procedure?



**COVID RESTRICTIONS:** Does your child need to get a Covid Test or wear a mask?? Can parents be there during induction and/or recovery?



**SEDATION & CONTRAST:** What type of sedation will be used(gas? IV?) & what type of contrast (if any) will be used during the procedure?



**PRE-SCAN:** Do you need Emla/numbing cream for your child's IV placement? Can a parent, sibling or beloved toy help with getting the child settled in?



**ADDITIONAL MEDS:** Do you need/have an order for stress dose cortisone from your endocrinologist? What other meds might be available for your child in recovery (eg. Zofran for nausea)



**TRUST YOUR INSTINCTS:** You are your child's best advocate and you can help the MRI Team make this a great experience for all.



**BREATHE!** If you are calm, your child will feel calm and supported during this important process.